



The Children's Aid Society Health and Wellness Division

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Health and Wellness

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Garden Instructor (Part time; 5-20 hrs/week)

The Children's Aid Society (CAS) helps children in poverty to succeed and thrive. We do this by providing comprehensive supports to children and their families in targeted, high-needs New York City neighborhoods. In 2003, CAS launched a number of programs aimed at preventing and slowing the rates of childhood obesity in the communities we serve. The programs come together under the umbrella of Go!Healthy, a comprehensive obesity prevention and health promotion initiative that engages children from birth through adolescence, as well as parents and staff. For information about the Go!Healthy programs, please visit: www.childrensaidsociety.org/nutrition

Go!Healthy's garden program enables children to experience plant-based foods from seed to table. Every gardening lesson is hands-on, providing children the opportunity to plant, tend and harvest food which is then used in cooking classes to make delicious and healthful snacks and meals. The garden program also integrates movement, inquiry-based science learning, arts and crafts, reflection and journaling. This program is a complement to our Go!Chefs program, a nutrition education and cooking curriculum for elementary, middle and high school youth. Since 2005, Go!Chefs has introduced youth to the pleasures of growing, preparing and enjoying "real food" that is both nutritious and delicious - an essential step toward health and well-being. Our core goals are for children to embrace fresh fruit and vegetables, increase their food literacy and, build skills and self-sufficiency in the kitchen and garden.

The Children's Aid Society's Go!Healthy program is seeking dynamic Instructors to lead garden programming during the spring and summer months. Garden instructor will work 2-4 days per week and must be available for a training in March and to conduct classes through late August.

Responsibilities include:

- Effectively implementing our curriculum, which includes gardening, plant science, journaling, and tastings
- Collaborating creatively with Go!Chefs cooking instructors
- Communicating with site directors about program progress and needs
- Managing all aspects of garden maintenance
- Reporting to the Go!Chefs + Gardening Program Manager

Candidate must be:

- A **dynamic educator** with significant teaching experience with elementary aged students and a solid knowledge of gardening and plant science
- Highly organized and able to work independently
- Energetic and self-motivated
- Extremely reliable
- Good communicator

To apply, please send a resume and cover letter to Go!Chefs + Garden Program Manager, Corey King at cking1@childrensaidsociety.org

The Children's Aid Society
is a founding member of
Boys & Girls Clubs of America.



Health and Wellness Division: 4 West 125th Street, 2nd Floor, New York, NY 10027 • 212-949-4948 • www.childrensaidsociety.org

A copy of The Children's Aid Society's latest annual report may be obtained upon request from The Children's Aid Society or from The New York State Attorney General, Charities Bureau, 120 Broadway, 3rd Floor, New York, NY 10271. Residents of FL, MD, MI, MS, NC, NJ PA, VA, WA, or WV will find the directions to obtain the information directly from their state at WM\1.childrensaidsociety.org/about/legal_disclosure